

Augment Scotland

Be Heard

Angus Community Enterprise
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Company No: 26654
Registered Charity No: SC027225

Our Principles

We recognize the strengths and resourcefulness of all our members, staff and people we work in partnership with.

We recognize the role of communities, other organizations and community involvement in supporting the process of recovery and maintaining well-being.

We recognize the effects of stigma, discrimination and inequality can have on individuals. We work inclusively within the organization and challenge exclusion outside it.

We value people as experts in their own mental health.

We value and promote diversity and equality.

We value working collaboratively with individuals, and groups, to agree goals, actions and solutions.

We value being open and honest about our boundaries and our limitations

What we do?

- We are service-user led and facilitate and develop service user involvement in every part of mental health care provision across Angus. We have a number of projects: our collective advocacy, young persons' involvement and information projects, our trainer and self-help groups and Angus Community Enterprise (ACE), an employability and social initiative (and community resource.)
- We provide a number of training courses that are open to all our members of the community whatever their age. We provide organizations with bespoke training packages covering a range of mental health related courses.
- Our courses include:
 - 'Unlock your potential'
 - 'Moving Forwards'
 - Augment's Recovery Approach
 - Wellness Recovery Action Plan (WRAP) training
 - Training for Service User Representatives
 - Scottish Mental Health First Aid
 - Training for Support Workers

Be heard. Work together. Make change happen.

What's this all about?

Being heard and working together to make change happen is called collective advocacy.

Being heard means increasing the number of people with experience of mental health services in Angus, across Tayside and Scotland

Being heard can help you take part in community activities and to access supported employment, further education and volunteering opportunities and to develop user-led initiatives across Angus.

Service User Representatives

A service user representatives give mental health services the views of service users and takes part in making decisions on their behalf. This means:

- Protecting and looking out for your interests
- Giving other people your views on the issues that affect you
- Putting your experiences across to mental health service providers
- Making sure mental health services know about any concerns you have
- Making sure people know about what mental health services are doing
- Making sure people have all the information they need about issues affect them
- Finding gaps in services, developing solutions to fill those gaps and taking action to bring those gaps to the attention of service providers

What is Collective Advocacy?

Advocacy means speaking up for your rights.

Advocacy is a way of making sure that important messages are heard.

Advocacy can be done in different ways and by different people.

Everyone in society should be able to speak up to their rights.